

## TYRA - Basic Training Schedule

Date	Day	Location	Time	Agenda/Notes
<b>18-Feb</b>	Wed	TRC	4:30-5:45pm	All team open house and first day of Basic Training
<b>19-Feb</b>	Thurs	Hutcherson YMCA	4:30pm-5:45pm	Swim Test and Safety Video
<b>20-Feb</b>	Friday	TU	4:30pm to 6:30pm	Rowing in the tank (Basic Technique Work)
<b>21-Feb</b>	Saturday	TU	10am-12pm	Rowing in the tank (Basic Technique Work)
<b>23-Feb</b>	Mon	Catoosa	4:30pm - 5:45pm	Equipment Orientation
<b>24-Feb</b>	Tuesday	Catoosa	4:30pm - 6:30pm	Rowing On The Water
<b>25-Feb</b>	Wednesday	Catoosa	4:30pm - 6:30pm	Rowing On The Water
<b>26-Feb</b>	Thursday	OFF	OFF	OFF
<b>27-Feb</b>	Friday	Catoosa	4:30pm - 6:30pm	Rowing On The Water
<b>28-Feb</b>	Sat	Catoosa	10am - 12pm	Rowing On The Water