

TYRA Basic Training Schedule

Date

| Week #1 | Day | Location | Time |
|----------------|-------------|-------------------|-------------------|
| 25-Aug | Mon | Rowing Tank at TU | 4:30pm to 6:00pm |
| 26-Aug | Tues | Rowing Tank at TU | 4:30pm to 6:30pm |
| 27-Aug | Wed | Catoosa | 4:30pm to 6:30pm |
| 28-Aug | Thur | OFF | |
| 29-Aug | Fri | Catoosa | 4:30pm to 6:30pm |
| 30-Aug | Sat | Catoosa | 10:00am - 12:00pm |

Week #2

| | | Location | Time |
|-------|-------------|-----------------|--------------------|
| 1-Sep | Mon | Labor Day Off | |
| 2-Sep | Tues | Catoosa | 4:30pm to 6:30pm |
| 3-Sep | Wed | Catoosa | 4:30pm to 6:30pm |
| 4-Sep | Thur | OFF | |
| 5-Sep | Fri | Catoosa | 4:30pm to 6:30pm |
| 6-Sep | Sat | Catoosa | 10:00am to 12:00pm |